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Educational (	Jualific	cations	
Degree		Institution	Year
P.hd		CCS University	2009
M.P.E.S.S		IGIPESS, DU	2002
PGDPED		IGIPESS, DU	1999
B.COM(H)		MLNC, DU	1998
<b>Career Profile</b>	e		
Subjects Taug	ght		
Physical Educa	ation ar	nd Sports Sciences	
Areas of Interest/Specialization			
Swimming, Cr	icket		
<b>Research Gui</b>	dance		
• -			
<b>Publication</b> P	rofiles		
Books:			
• 1.Commonwealth Games and Sports Tourism (2013), Sports Educational			
Technologies: New Delhi, ISBN No. 978-81-89902-87-2			
• 2.Media and Sports Journalism (2013), Sports Educational Technologies: New			
Delhi, ISBN No. 978-81-89902-87-2			
• Research Article :			
	"Relia	bility of Time Domain HRV Analys	is" (2013), Vol(1) in Intellectual
Resonance, ISSN No. 2312-25954, Pg no. 115-119.			
•	Paper(	s) Presented:	
• 1 "Derentile Norms of Automic Sympathetic and Persympathetic Perstivity			

• 1. "Percentile Norms of Automic Sympathetic and Parasympathetic Reactivity Variables of Indian Sportspersons Withdrawn from Competitive Games and Sports from Power Events", in National Conference on "Wellness

through Physical Activity: Future Perspective", 17th-18th January, 2014		
Organised by Deptt. Of Physical Education, Punjabi University, Patiala,		
Punjab.		
• 2. (Co-Author) "Percentile Norms of Heart Rate Variability (HRV) of Indian		
Sports persons withdrawn from Competitive Games and Sports" in		
International Congress on" Sports Psychology ICSP-2104 Exercise and		
Sports Psychology in 21st Century: Research and Application Perspective",		
and 25th National Conference of Sports Psychology, 15th-18th October, 2014.		
• 3. Co-Chaired a Session in International Congress on "Sports		
Psychology ICSP-2104Exercise and Sports Psychology in 21st Century:		
Research and Application Perspective", and 25th National Conference of Sports		
Psychology, 15th-18th October, 2014.		
<b>Research Projects (Major Grants/Research Collaboration)</b>		
-		

## **Awards and Distinctions**

Awards =

- 1. Gold Medal at All India Inter University aquatic competition. (1995-1998)
- 2. Gold Medal at School national games (1993-1995).

## Administrative Assignments

Work as Manager / Coach of Delhi University aquatic teams at various All India aquatic championships (2011 Onwards).

## **Others:**

Work as official at various Inter Collage Tournaments. (2011 Onwards).

Teacher's Profile for College Website, Motilal Nehru College (Eve.), DU